

# WINTER RECREATION



Provided by the City of Portland's Parks and Recreation Division.  
Brought to you by Healthy Portland, Public Health Division, HHS Dept.



## CROSS-COUNTRY SKI, ICE SKATE, SLED, SNOWBOARD, AND SNOWSHOE FOR FREE RIGHT HERE IN PORTLAND!!

### SNOWBOARDING & SLEDDING

**Riverside Golf Course** - Lots of hills for snowboarding, sledding and tubing. They also have snowboard rails donated by Sunday River! Note - Bogeys' Restaurant is open 7 days a week at Riverside North.

**Payson Park Sledding Hill** - Sledding, tubing, snowboarding. Come visit the new terrain park for snowboarding and skiing! It includes a fun box and a rail.

**Eastern Prom Hill** - Fantastic sledding, tubing, telemark skiing, cross-country skiing.

### ICE SKATING

For conditions at the outdoor skating ponds, call ahead to Portland Parks and Recreation Office (874-8793).

**Deering High on Ludlow Street** - Used by schools and the public.

**Deering Oaks Park** - The largest of the outdoor skating areas in Portland.

**Nason's Corner/Breakwater School Pond** - A little local favorite.

**Payson Park** - Right off the Back Cove.

**Riverside Golf Course** - Enjoy this lighted outdoor skating rink!

### CROSS-COUNTRY SKIING & SNOWSHOEING

**Capisic Pond Park** - Open fields for skiing or snowshoeing.

**Evergreen Cemetery Woods** - (Main entrance at 672 Stevens Avenue) 100 acres of forest with trails for cross-country skiing, snowshoeing and walking.

**Mayor Baxter Woods** - (Off Hartley Street, between Stevens & Forest Avenues) Woods with trails for cross-country skiing, snowshoeing and walking, dogs allowed.

**Oatnuts Park to Presumpscot River Preserve** - (Park on Allen Ave. Extension or Summer Street) One of the best spots in Greater Portland for snowshoeing & cross-country skiing. Miles of trails along the Presumpscot River, leading to the Presumpscot Falls.

**Ocean Avenue / Quarry Run** - Old landfill cap area, hills and trails for cross-country skiing & snowshoeing.

**Payson Park** - Cross-country skiing and snowshoeing near the Back Cove.

**Riverside Golf Course** - 8km of groomed tracks for skate & classic skiing along the Presumpscot River. And don't forget about Bogey's Restaurant, open 7 days a week at Riverside North.

**Riverton Trolley Park** - (Riverside Street at Forest near Westbrook line) Good spot for cross-country skiing & snowshoeing; connects to Riverside Golf Course.

**Intown areas** - Deering Oaks Park, Eastern Prom, Western Cemetery - All good areas for snowshoeing and cross-country skiing.

